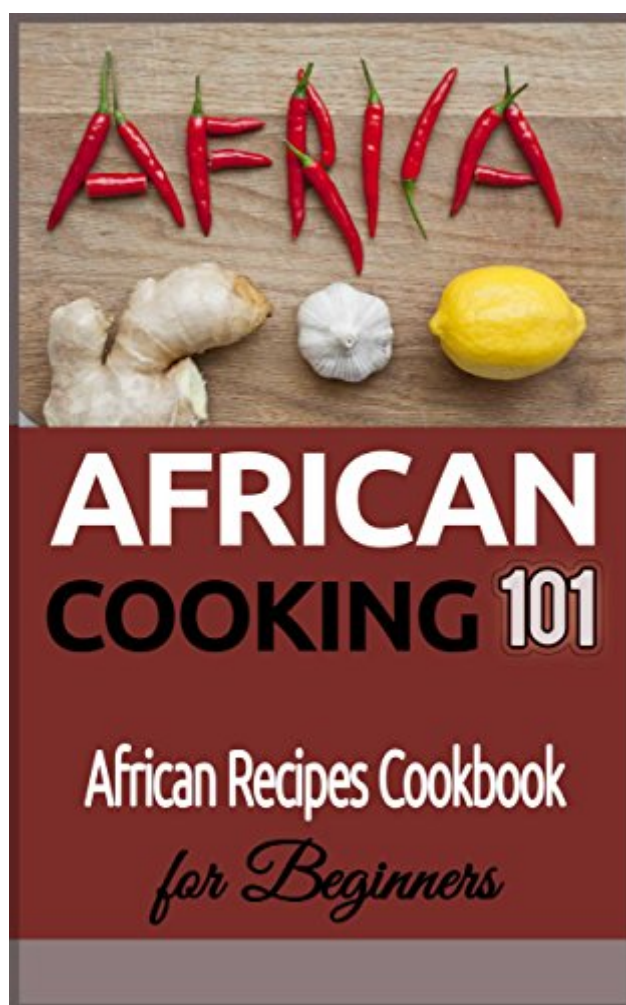# African Cooking: For Beginners - African Recipes Cookbook (African Recipes - African Cooking - African Food - African Meals 1)

Synopsis

African Recipes Cookbook for Beginners: Simple, delicious and healthy recipes from all over Africa Today only, get this bestseller for just $2.99. Regularly priced at $4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.If the topic about African cuisine mystifies you, you would not be alone. Africa is arguably the world's most diverse region. It is an entire continent with 55 recognised independent states. When it comes to the food, you would be right to assume that there is more to it than meets the eye. is there such thing as African cuisine?Africa has got a mixture of indigenous foods, with European, Asian and Middle Eastern influences depending on what region you venture into. This can at times make it very difficult to distinguish between indigenous foods and those that have heavy external influences. At the same time, by recognising the culinary signatures of the cuisines of particular African regions, we are able to trace the outward influence African cuisine has had on other cultures and vice versa, for example the links between West African and South American foods, or evenCaribbean food.There used to be no real "African Chefs" because much of the knowledge of African cuisine has not been formalised or viewed in a professional light. Things are changing fast now and some African chefs are emerging. African cuisine is also vastly distinctive from region to region, therefore pairing different types of African cuisines can prove to be tricky. This short book was designed as an introduction for beginners to the rich and blended culinary traditions from various african countries.After downloading this book, you will learn... Chapter 1 - 12 Amazing African Meals for Breakfast Fruits and Pecan Teff PorridgeAfrican Chakchouka Breakfast with Warm PitaFufu Banana Bread with Cinnamon and AlmondsAfrican Injera BreadAfrican Sweet Bran HusksAfrican-Nigerian Abala RecipeAfrican Achomo DoughnutsNigerian Agidi PuddingCongo Binch Akara with Fried PlantainsMadigascar Salady VoankazoMoroccan Ahouifi M'semmen Griddle Cake-Fried AlocosChapter 2 - 7 Delicious African Dishes for Lunch African KoshariVegetable Marrakesh CurryTraditional Cape Town Pickled FishMadagascar Vary AminananaMinty Lamb Moroccan KebabsSouth African Andouille Sausage and Shrimps SkilletCape Cod Clam ChowderChapter 3 - 8 Delicious African Dishes for DinnerMoroccan Lamb with Tortillas and HummusRoasted Lamb and Chicken Stuffed with FreekehMoroccan Chick Pea and Coconut SoupWest African Quinoa Pilaf with CarrotsWalnuts, Onion and Peas QuinoaNorth African Quinoa with Tomatoes, Mint and ScallionsBeef Quinoa with Tomatoes, Black Beans and Corn KernelAfrican Boerewurst Sausages and Chicken StewMuch, much more!Download your copy today!Scroll up and click the orange button "Buy Now" on the top right of this page to access this book in under a minuteTake action today and download this book for a limited time discount of only $2.99! LEARN TODAY HOW TO COOK DELICIOUS DELICIOUS

AFRICAN DISHES AT HOME ! Tags: african cooking; african cookbook; african cookbook made easy; african recipes; african food; african meals; african recipes book; african reciepies; african food made easy; african cook; african cooking tips; african cooking advice; african cooking introduction; african cooking books; african cooking simple; south african cooking; west african cooking; east african cooking; african cooking 101; african cooking for beginners; african cooking for dummies; african dishes; nigerian food; nigerian cookbook; moroccan cuisine; moroccan recipes; moroccan cookbook; african cuisine; west african cooking; west african food; north african food; north african cooking; kenyan food; tanzanian food; egyptian food; egyptian cooking

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Customer Reviews

African recipes can be really yummy. I think I have tried the banana bread before. And the minty lamb and Moroccan kebabs sounded really nice.

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